

## A Few Testimonials from Dancing Colors Workshops

The day with Sofanya was magical and powerful. Being in the majestic Redwood forest, in the embrace of Sofanya's creativity, beauty and love, with dance and meditation and music and a phenomenal supply of art materials - including a life-size canvas to play on ... was truly extraordinary. My painting, though quite elementary, was an Oracle that both affirmed the progression of my Soul on this Planet and inspired me on my next step. The dream I had the same night graphically affirmed what the painting reflected to me. Opening up the doorway to the Soul through this creativity (and accessing the Soul's Infinite Higher Intelligence) was just what I needed to pop my Reptilian "m"ind out of the limitation of its survival mode - so that I can master the challenges of my everyday life with greater grace and ease.

My deepest gratitude and appreciation Sofanya!  
[www.diamondalignment.com](http://www.diamondalignment.com)

The day you prepared for us ebbed and flowed into a wonderful experience. The process was a stretch for me as I have never done anything like it before but once the music started-paint flowed. I loved being able to have color, movement, and paint be enough as it enabled me to stay out of my mind...just feeling the process. Color mushing, gotta love it! Phase two of the process (I hesitate to disclose more for any upcoming classes) took it to another level. My mind and the critic joined me for a time before working my way back to feeling the project once again. It was enough. I so enjoyed the day with you ladies! Thank you!  
Dianne Marshall

Dearest Sofanya,

I just wanted to send you my heart and soul's thanks :) for the painting class we did this weekend.

I enjoyed every second of painting with you in nature at your lovely gallery. Thanks for inspiring me and for opening up my expressiveness. I had a lovely, magical time with you.

When you get a chance can you please email me the list of all the materials we used for the essence portrait class and also some details on the house paint/kind of paint that I can use for the Dancing with Colours and where I can find that and a bigger canvas etc. for a good price? Also when you get a chance can you also send me the pictures you took of my paintings-I am hoping to send it to my friends and see if I can spread the word and love :)

I really really hope I can do the mixed media/sculpture class with you too. Keep me posted, hope to see you soon.

Lots of Love, Light and Colours.....Shetal

Hi Sofanya...Thank you again for sharing the magic of your beautiful home. When I got home and looked at my second painting...I clearly saw a gentleman at the feet of my ethereal woman and his head is bent and he is bowing and holding a bouquet. I can't believe I didn't see this before! Wow!!!! Gwendolyn